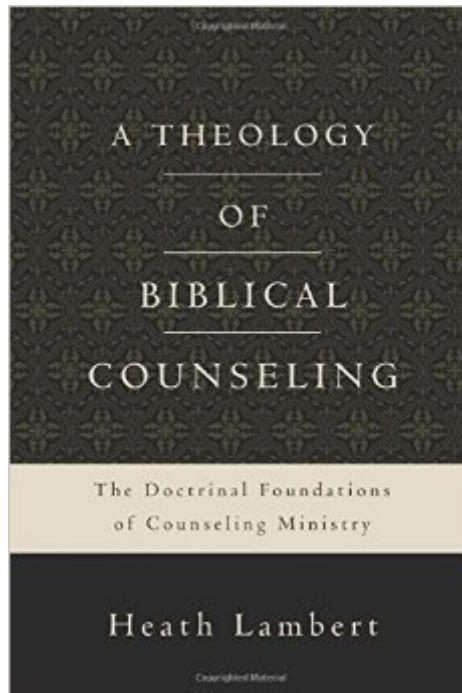


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# A Theology Of Biblical Counseling: The Doctrinal Foundations Of Counseling Ministry



## Synopsis

Since the beginning of the biblical counseling movement in 1970, biblical counselors have argued that counseling is a ministry of the Word, just like preaching or missions. As a ministry, counseling must be defined according to sound biblical theology rather than secular principles of psychology. For over four decades, biblical theology has been at the core of the biblical counseling movement. Leaders in biblical counseling have emphasized a commitment to teaching doctrine in their counseling courses out of the conviction that good theology leads to good counseling and bad theology leads to bad counseling. *A Theology of Biblical Counseling* is a landmark new book that unpacks the core theological convictions that underlie sound counseling, and practical wisdom for counseling today. Dr. Heath Lambert shows how biblical counseling is rooted in the Scriptures while illustrating the real challenges counselors face today through true stories from the counseling room. A substantive textbook written in accessible language, it is an ideal resource for use in training biblical counselors at colleges, seminaries, and training institutes. In each chapter, doctrine comes to life in real ministry to real people, dramatically demonstrating how theology intersects with the lives of actual counselees.

## Book Information

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## Customer Reviews

Lambert has provided a clear and articulate view of the Biblical Counseling movement. In my mind, it is utterly persuasive. The BCM still feels very new, though I suppose you could say it is nearing its 40th year, and so much important work needs to be done. This book is a large step in the right direction. In this book, Lambert argues the basic claim of the BCM. Counseling is a theological task

and where one person seeks to provide help to another person facing the problems of life. The Bible speaks with authority on every issue it addresses and the Bible addresses the issues of life and how to live faithfully before God. The Bible is therefore a sufficient resource for counseling. Two of the highlights of this book were the distinction between categories of Biblical sufficiency arguing that Material Sufficiency (The Bible says all we need it to say to live Godly lives) is of greatest implication to the discussion of counseling. Lambert's critique of integration is devastating to Christian Integrationists and is the most effective I've read. I also gained new insights in his discussion of the relationship of the body and the soul and have new confidence in the soundness and application of a dichotomist perspective. This is a theological work with attention given to the application of theology to counseling. It is a theological work but not a method. There are basic counseling insights and a few shallow case studies. The case studies had the effect of showing general application of a principle but some readers may find these unsatisfying. Its best to view this work not as a method but as a defense of the theological nature of counseling. There is little or no discussion of homework or process.

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